

## Rehab Timmins

Rehab Timmins - EECF therapy is a relatively new outpatient treatment used for angina and heart failure. Sufferers of heart ailments can find the basic daily activities rather challenging. Activities such as getting the mail or walking the dog may present certain difficulties. If you or somebody you know experiences angina or heart failure, the non-invasive treatment referred to as EECF therapy can prove helpful. Statistics prove that roughly 80 percent of people who complete the 35 hour course of EECF therapy report substantial symptom relief which can last as long as 3 years.

EECF therapy has proven to be a useful treatment utilized for angina and heart failure. Normally, treatments are given for one hour a day, 5 days a week for a total of 35 hours. A treatment session includes lying on a comfortable treatment table using big blood pressure like cuffs wrapped all-around your buttocks and your legs. At particular times in between your heartbeats, these cuffs inflate and deflated. A continuous ECG or likewise called electro cardiogram is used to set the timing. This insures that the cuffs inflate while the heart is in its resting condition where it usually receives its supply of blood and oxygen. The cuffs then deflate at the end of that rest period, just prior to the next heartbeat. The person has on a special sensor on their finger to be able to check the oxygen levels in their blood. The sensor also monitors the pressure waves created by the cuff deflations and inflations.